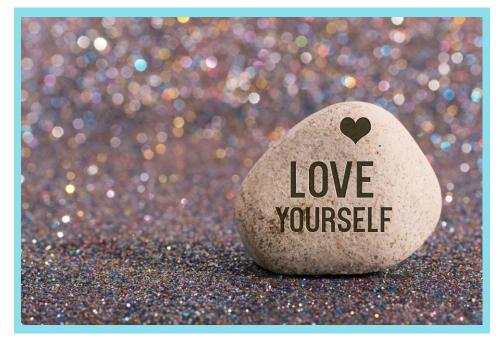
## **Take Time** Show yourself LOVE this February



## Self-Love for the Month of Love

- Who: Town of Warwick residents
- What: FREE introductory wellness classes Each session will explore the tools of two or more local practitioners
- Where: Vastu Health Center, Warwick NY
- When: Fridays in February 6:30 PM-8:30 PM
- **How:** For more details and to sign up, use the QR code below or visit wethepeoplewarwick.org/self-love





